**Combat Moves**

**Shoves**

* One-handed shoulder shove
* Two-handed shoulder shove
* Back shove

Shoves can be done in almost any blocking except with the victim going away from the audience.

**Slaps**

* Front hand slap
* Back hand slap

Slaps work best with the victim’s back to the audience. Do not do a slap when in profile to the audience.

**Pulls/lifts**

* Hair pull/lift
* Ear pull/lift
* Collar pull/lift
* Head slam

Remember – the victim is always in control!

**Punches**

* Roundhouse punch
* Stomach punch
* Jab punch
* Uppercut punch
* Block

Roundhouse should be done with victim’s back to the audience.

Stomach can be done in any arrangement.

Jab and uppercut should be done in profile.

**Kicks/knees**

* Kick to face
* Knee to stomach

Kick to face should be done with victim’s back to the audience.

Knee to stomach should not be done full profile.